



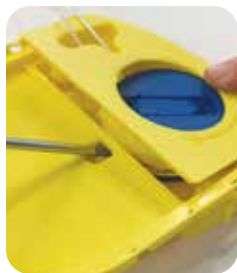
## Remove Electrode Pads



- 1.** Pull green tab to open Trainer-Pak.



- 2.** Pull pads from Trainer-Pak until the retractable cord lengthens.



- 5.** If the rewind mechanism locks up, eject the rewind mechanism to free the cord.



- 6.** When cord is retracted, fold blue rewind handle into place.

## Replace Electrode Pads



- 3.** Lift blue rewind handle.



- 4.** While holding the Trainer-Pak with the pad cord hanging, turn blue rewind handle clockwise to retract the cord.

## Close Trainer-Pak



- 7.** Place pads in Trainer-Pak with peel tab at the top.



- 8.** Slide cover over Trainer-Pak. Click cover into place.

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